

THE TOOLS

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SPRING  
DIVIDER



SCISSORS



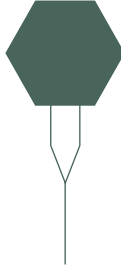
RULER



PENCIL



PRICKER



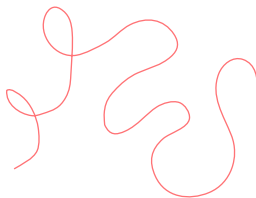
BONE FOLDER



NEEDLE

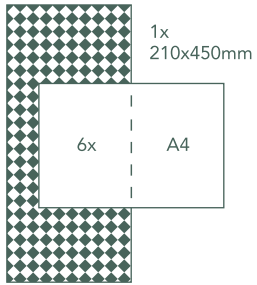


THREAD

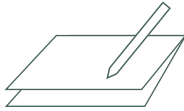


BULLDOG CLIP

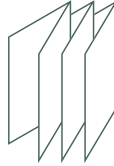




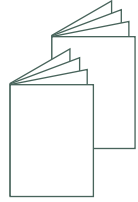
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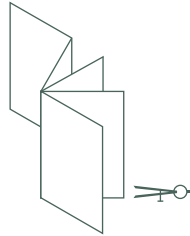
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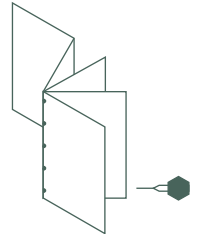
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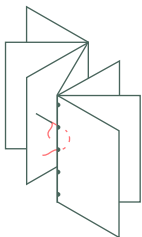
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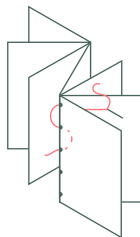
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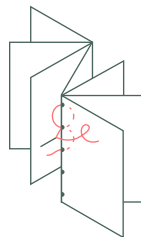
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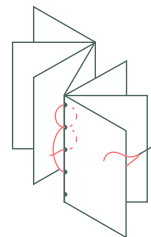
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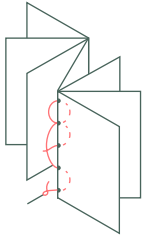
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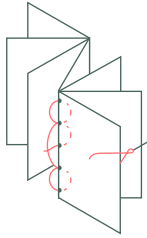
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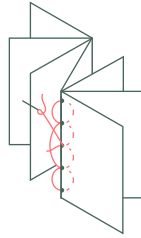
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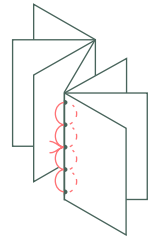
13



14



15



16

Dos-à-dos means back-to-back in French. The binding has two separate sections combined within one cover.

1. Use 6 sheets of A4 (210mm x 297mm) paper for your sections and a heavier paper/card 210mm x 450mm (roughly 250-300gsm) for your cover.
2. Fold each sheet of paper in half and keep the corners aligned. Use the bone folder to crease the paper from the centre to each edge of the paper.
3. Stack 3 sheets of paper inside each other to create one section.
4. That will give you two separate sections.
5. Take your cover and mark where your folds will be. Measure the whole length of the cover paper (450mm) and divide it by three parts. Your first fold should be after 150mm and the second after another 150mm.
6. Accurately score the fold marks with the ruler and the tip of the bone folder. Fold the cover into a 'Z' shape.

7. Equally divide the spine along the length in 6 to get 5 stitch holes. Use the spring divider to mark the same distance in between.
8. Use the pricker to pierce the holes through the paper and cover, from the inside to the outside.
9. Use a waxed thread two times the length of the spine for each side and thread it into a sewing needle. Start sewing through the centre hole, leaving a tail of about 40mm.
- 10 – 11. Thread the holes as shown in the illustrations.
12. Skip the centre hole and continue to the next hole.
- 13 – 15. Thread the holes as shown in the illustrations.
16. Make a double knot on top of the central thread and cut the ends leaving roughly 10mm threads as ends. Repeat process for the other side.