

THE TOOLS

SPRING
DIVIDER



SCISSORS



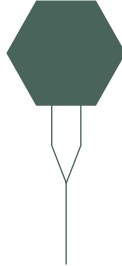
RULER



PENCIL



PRICKER



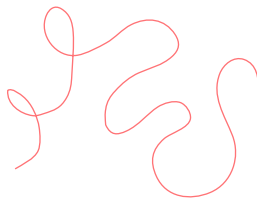
BONE FOLDER



NEEDLE



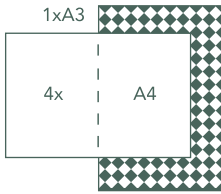
THREAD



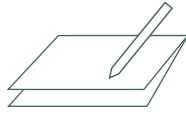
BULLDOG CLIP



THREE-HOLE PAMPHLET STITCH



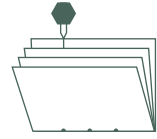
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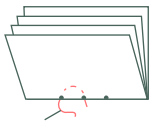
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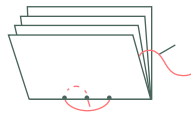
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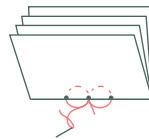
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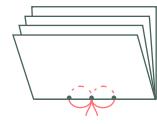
5



6



7



8

This binding is ideal for small booklets, zines and notebooks.

1. Use between 4 to 10 sheets of paper for your section and a heavier paper/card (roughly 250 – 300gsm) for your cover.
2. Start by folding each sheet of paper in half, keep the corners aligned and use the bone folder to create a sharp fold.
3. Stack the sheets of paper inside each other and put the cover sheet onto the outside.
4. Use a pricker to pierce 3 holes, with equal distance, from the inside to the outside of your book.
5. Cut a length of waxed thread roughly twice as long as your spine and feed it through the needle. Start sewing through the centre hole. Depending on where you would like to have your ends shown, start either sewing from the inside or from the outside of your book. Then go to the next hole to your right or left.
6. Skip the centre hole and continue to the hole on the other side.
7. Now finish sewing by coming through the centre hole again.
8. To tie a knot, make sure that both ends of the thread are on opposite sides of the central thread. Tighten the threads taut and make a knot on top of the central thread. Trim your book once it is sewn.